

COVID-19 Support for Asian, Middle Eastern, Latin American, African, and Former Refugee/Current Asylum Seeker Communities

IT IS OK TO ASK

COVID-19

ASIAN COMMUNITIES



Asian Family Services
Together enriching lives

Asian Family Services
asianfamilyservices.nz

Provide general counselling and help with problem gambling.

Languages offered:
English, Mandarin, Cantonese, Korean, Vietnamese, Japanese, Thai and Hindi.

0800 862 342
help@asianfamilyservices.nz



CNSST Foundation
www.cnsst.org.nz

Languages offered:
Mandarin, Cantonese, Korean, Japanese, Shanghainese, English, Greek, Mongolian, Malay, Hokkien, and Hakka.

09 570 1188
info@cnsst.org.nz

MIDDLE EASTERN, LATIN AMERICAN AND AFRICAN COMMUNITIES



Kāhui Tū Kaha

Kāhui Tū Kaha
kahuitukaha.co.nz

Languages offered:
Arabic, Urdu, Farsi, Punjabi, Pashto, Dari, and Hindi.

0800 559 592
referral@kahuitukaha.co.nz



Aotearoa Latin American Community Incorporated
alacinc.org.nz

Languages offered:
Spanish.

09 636 5313
021 0227 8572
socialservices@alacinc.org.nz



The Umma Trust
ummatrust.co.nz

Languages offered:
Arabic, Somali, Amharic, Tigrigna, Farsi, Pashto

09 815 0153
socialworker@ummatrust.co.nz

FORMER REFUGEE/ CURRENT ASYLUM SEEKER COMMUNITIES



RASNZ
rasnz.co.nz

For Auckland residents only. Most languages offered.

09 620 2252
0800 472 769



New Zealand Red Cross
redcross.org.nz

0800 RED CROSS (733 276)
AucklandSouth@redcross.org.nz



Asylum Seeker Support Trust
aucklandrefugeecouncil.org

Languages offered:
Arabic, Farsi, Kurdish (Sorani), Rohingya, Burmese, Malay, Sudanese, Arabic, Nuer. Access to interpreters to support other languages can be provided if needed.

021 0236 4668



ALL COMMUNITIES

Need to talk?

1737.org.nz

Brief counselling conversations with a focus on one or two key areas in which support is needed.

Free call or text 1737

Alcohol Drug Helpline:

alcoholdrughelp.org.nz

Free call 0800 787 797 or text 8681.

Outline:

www.outline.org.nz

Confidential telephone support for people in the rainbow community. Available evenings from 6pm–9pm.

Free call 0800 688 5463 (0800 OUTLINE)

Translations of COVID-19 information

www.covid19.govt.nz/translations/

MORE INFORMATION

www.covid19.govt.nz/contact-and-support/